



BREAKFAST

breakfast

Continental _____

boiled egg, ham or turkey, cheese, marmalade, honey, butter, bread, croissant, orange juice, coffee or milk or tea

English breakfast _____

fried eggs, bacon, sausage, tomato, fried mushrooms, cooked beans, toasted bread, orange juice, coffee or tea

Omelet with cheese _____

Omelet with apaki (smoked pork) _____

Cold cuts omelet _____

ham or turkey, bacon, sausage

Special omelet _____

ham or turkey, bacon, sausage, mushroom, cheese, green pepper

Veggie omelet _____

mushrooms, pepper, zucchini, onion

Strapatsada _____

scramble with tomato and feta cheese

Fried eggs with bacon _____

Pancakes _____

with chocolate, marmalade, honey

Yoghurt with fruits or honey _____

Breakfast bowl _____

yoghourt, granola, fruits, honey

Porridge with honey and cinnamon _____

Fruit salad with nuts _____

SNACK



Toast with ham / turkey and cheese _____
served with chips

Toast with cheese and tomato _____
served with chips

Variety of handmade energy bars _____
with cereal, nuts and fruits

Tortilla Caesar _____
grilled chicken, bacon, parmesan cheese,
lettuce, tomato, sweet corn, sauce

Club sandwich _____
with french fries

Chicken Club sandwich _____
chicken schnitzel, bacon, cheese, tomato,
lettuce, ketchup and mayonnaise

Vegetarian club _____
grilled vegetables, cheese, mayonnaise

Cheeseburger _____
beef burger, cheese, ketchup, mayonnaise
*served with french fries

Special burger _____
beef burger, bacon, cheese, caramelized onions,
lettuce, tomato, ketchup, mayonnaise
*served with french fries

Wine/Beer Platter _____
variety of cheeses, smoked pork bruschetta,
traditional Greek sausages, cucumber,
cherry tomatoes, cheese croquettes,
greek zucchini fritters, bread sticks, olives,
pita bread, raisins and dry fruit, yogurt dip

Hot dog _____
with cheddar cheese and spicy sauce

Crispy tuna melt sandwich _____

Crepe with sweet or salty filling of choice _____



SALADS

Greek salad _____

tomato, cucumber, pepper, onion, feta cheese, olives

Tuna salad _____

tuna fish, lettuce, tomato,
cucumber, onions, sweet corn, sauce

Bella Vista _____

lola, lettuce, Cretan gruyere, raisins, dried apricots
walnuts and vinaigrette with balsamic vinegar,
honey, soy sauce, mustard and garlic

Caesar _____

ice berg, grilled chicken, bacon, tomato,
crouton, parmesan cheese, Caesar sauce

Coleslaw salad _____

with peppers and greek yogurt

Chef _____

ice berg, ham, cheese,
boiled egg, tomato, cocktail sauce

Green salad with chicken and yoghurt sauce _____

lettuce, iceberg, grilled chicken,
sauce with yoghurt, mustard and honey

Cold pasta salad _____

penne with cherry tomatoes, cucumber,
bell pepper and mayo dressing. (upon demand)

Classic potato salad _____

boiled potato, carrot, boiled egg, green pepper,
red onion, parsley, mayonnaise. (upon demand)

*served with crispy bruschetta



STARTERS

Garlic bread _____

French fries _____

Tzatziki _____

Fried Cretan cheese “saganaki” _____
with crispy crust

Meat balls _____

Cretan bruschetta _____
with apaki, rocket, cherry tomatoes and olive paste

Cretan dakos _____

Greek zucchini fritters _____

Cretan sausages _____

PASTA - RISOTTO

Penne with tuna _____

tuna fish, cherry tomatoes, onion,
garlic, pepper, tomato sauce, dill

Carbonara _____

bacon, mushrooms, pepper, garlic,
crème fresh, trimmed cheese

Spaghetti bolognese _____

minced meat, tomato sauce

Linguine with shrimps _____

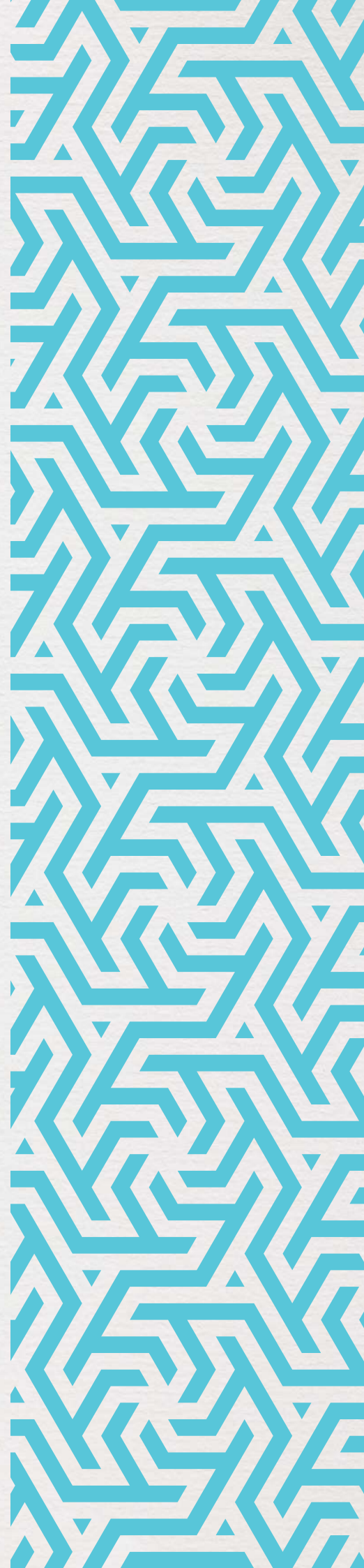
shrimps, onion, garlic, peppers,
white wine and tomato sauce

Cretan Pasta _____

hand made pasta with pork pancetta
and vegetables

Risotto _____

with chicken, mushrooms and vegetables





MEAT

Chicken fillet _____

with sage, estragon, mustard and pita bread

Chicken legs glazed with bbq sauce _____

Homemade Souvlaki _____

pork or chicken
with vegetables, bell pepper, cherry tomatoes, onion

Homemade beef burgers _____

Beef steak _____

Pork pancetta _____

Schnitzel classic _____

pork or chicken

Schnitzel à la crème _____

with cream and mushrooms

Mix grill _____

pork souvlaki, chicken fillet, beef burger, sausage

Lamp chops _____

with buttery sauce and rosemary

Gyros _____

pork or chicken

Stuffed cabbage rolls _____

with minced meat and rice

Chicken nuggets _____

*All meat dishes are served with rice,
french fries or grilled vegetables

SEA FOOD *sea food*

Fried squid _____

Grilled shrimps _____

Grilled salmon with
orange juice and ginger _____

Crispy sole fish fillet _____

Fresh grilled fish
(upon request) _____

PIZZA-PINSA *pizza - pinisa*

Margarita _____

Greek _____
fresh tomato, feta cheese, green peppers, olives

BBQ _____
chicken, sweet corn, bbq sauce

Special _____

DESSERTS *desserts*

Ice cream with syrup and nuts _____

Greek orange pie with sirup _____

Mizithropitakia _____
sweet local cheece pies with honey and cinnamon

Greek yoghurt _____
with fruit confit / preserve





COFFEES

Filter coffee _____

Nes café / Nes café frappe _____

Nes café frappe with ice cream _____

Espresso single / double _____ / _____

Espresso freddo _____

Cappuccino / Macchiato _____

Cappuccino freddo _____

Greek coffee single / double _____ / _____

Chocolate hot or cold _____

Milkshake _____

REFRESHMENTS & JUICES

Sparkling water _____

Mineral water 0.5 lt / 1.5 lt _____ / _____

Refreshments _____

Green Cola _____

Red Bull / Monster _____

Ice tea (peach, lemon, green) _____

Variety of juices _____

(orange, pineapple, apple, peach, strawberry)

Smoothies with fruits and nuts _____

(ask for the speciality of the day)

Fresh orange juice _____

WINES *wines*

White wine

Strata glass / bottle _____ / _____
Strataridakis winery (Thrapsathiri & Vilana)

Mati Fortuna glass / bottle _____ / _____
Astir winery (Moschofilero & Chardonnay)

Efivos BIO glass / bottle _____ / _____
Gavalas winery
(Sauvignon Blanc - Vilana - Moscato Spinas)

Rose wine

Mati Fortuna glass / bottle _____ / _____
Astir winery (Merlot & Grenache Rouge)

Paranga Flowers glass / bottle _____ / _____
Kir Yianni winery (Xinomavro - Merlot - Syrah)

Red wine

Monokeros glass / bottle _____ / _____
Dourakis winery (Merlot & Grenache Rouge)

Mati Fortuna glass / bottle _____ / _____
Astir winery (Agiorgitiko & Cabernet)

Efivos BIO glass / bottle _____ / _____
Gavalas winery (Mandilari - Kotsifali - Syrah)

Semi sweet wine

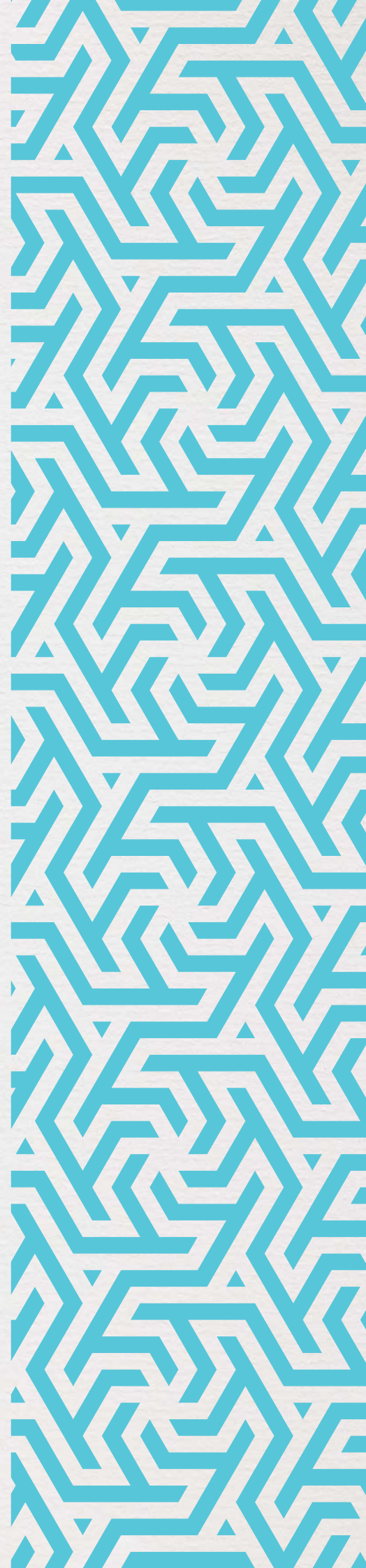
Kernos white glass / bottle _____ / _____
(Vilana - Vidiano - Moscato Spinas)

Kernos rose glass / bottle _____ / _____
(Kotsifali & Syrah)

Kernos red glass / bottle _____ / _____
(Kotsifali & Syrah)

Sparkling wine

Prosecco glass / bottle _____ / _____





COCKTAILS *tails*

Aperol Spritz _____

Aperol, Prosecco, soda water

Summer Margarita _____

white tequila, cointreau, pineapple juice, fresh lemon juice

Mojito _____

rum, black sugar, lime, fresh mint, soda water

Negroni _____

gin, vermouth rosso and Campari

Pina colada _____

Bacardi, batida de coco, pineapple juice

Tequila sunrise _____

yellow tequila, grenadine, orange juice

Strawberry Daiquiri _____

rum, strawberry juice, black sugar syrup

Paloma _____

tequila, grapefruit soda, syrup,
lime juice, soda water, salt

Sex on the beach _____

vodka, peach schnapps, orange juice, cranberry juice

Classic Maitai _____

white rum, dark rum, lime juice, cointreau, almond syrup

MOCTAILS *tails*

Sin City Sober _____

strawberry, mint leaves, lemon juice, syrup, water

Watermelon Margarita _____

watermelon, syrup, lime juice, salt

Pineapple cobbler _____

pineapple juice, strawberry juice, lime juice, soda water

Virgin ice tea cocktail _____

ice tea peach, cranberry juice, lemon juice, syrup

BEERS

Mythos 0.33 lt _____

Heineken 0.33 lt _____

Corona 0.33 lt _____

Non alcohol beer 0.33 lt _____

APERITIF

Ouzo glass / bottle _____ / _____

Raki glass / carafe _____ / _____

Martini bianco _____

Campari _____

Liqueurs _____

Mastic, Disaronno, Baily's, Amaretto,
Jägermeister, Kahlua, Frangelico etc.

Metaxa 3* / 5* _____ / _____

SPIRITS

Whiskey, Vodka, Rum, Tequila

Drambuie etc. _____